NCS2102
Adult Health: Case study
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Centre for Learning and Teaching
CLT Learning Support

Topic
Break down the task.

Research Strategy
Finding recent, credible sources.

Active reading and note-taking.

☑️ Thinking
☑️ Planning
☑️ More planning
☑️ Organising
☑️ Reviewing
☑️ Writing
☑️ Re-writing

Write final draft
Focus: Sentence level – grammar, punctuation, spelling, presentation.

Paraphrasing and grouping main ideas/information.

Write second draft
Focus: Paragraph level – cohesion, referencing, integration of evidence.

Finalise draft essay plan
Toggling back and forth other the first 4 steps.

Write first draft
Focus: Structure, content and order of information is the priority.
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- **Write second draft**

- **Write final draft**
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- **Research Strategy**
  - Finding recent, credible sources.
  - ✓ Thinking
  - ✓ Planning
  - ✓ More planning
  - ✓ Organising
  - ✓ Reviewing
  - ✓ Writing
  - ✓ Re-writing

- **Active reading and note-taking**

- **Paraphrasing and grouping main ideas/information**

- **Finalise draft essay plan**
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How to approach case studies

Critical reading and re-reading of Case Study
Critical thinking, reading, understanding, researching, problem solving, applying
Prep/Planning – as per instructions in your unit plan
Tutorials – went through an example
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Structure of your case study

Introduction (approx. 100)
Background (Isobar handover) (approx 200)
Nursing Management (approx 1100)
Assessment
Nursing Diagnosis 1
  Planning - Smart Goals
  Implementation
  Evaluation
Structure of your case study

Nursing Diagnosis 2
  Planning - Smart Goals
  Implementation
  Evaluation
Potential Complications (approx 200)
Interdisciplinary Team (approx 200)
Conclusion (approx 200)
References
Example Introduction

The holistic care of a patient postoperatively involves the nurse in developing a nursing care plan that is based around the nursing process and the patient as a whole entity (Doenges, Moorhouse, & Murr, 2013). This case study will explain the postoperative care of a patient on return to the ward after a open reduction and internal fixation of the fracture (ORIF) procedure. The nursing process will be covered including handover, assessment, diagnosis, planning, implementation and evaluation. The focus will be on two priority diagnoses. The paper will also outline potential complications post surgery and the importance of working with the multidisciplinary team.
Background: Isobar handover

Topic sentence: You could define/give context as to why is it important
An iSoBAR ensures a step by step sequential giving and receiving of relevant information of the patient (Calleja, 2016).

Handover in first person.
Hi, my name is xx and I am a student nurse looking after the male patient Dave Sawyer, DOB 24/10/1989 on the Surgical ward.

.................
Assessment

Topic sentence: thread process through paper
Assessing a patient extensively and systematically is essential because an assessment guides every component of the nursing process (Jones, 2013).

Preparation/Planning
Full assessment data of all the body systems, functioning/ADLs and psychosocial assessment

Write up in paragraph(s)
Nursing Diagnosis

Nursing diagnoses are constructed based on the data acquired during the nursing assessment (Gulanick & Myers, 2017).

.......... 

Review of actual/potential problems – prioritise 2
Nursing Diagnosis 1

After establishing the priorities for the patient, the nurse is able to develop goals and expected outcomes (Jones, 2013). The first priority is…

Smart Goals (do not write in the acronym format – just write out in sentence format as specific, realistic, measurable goals)

Implementation

Evaluation
Nursing Diagnosis 2

Nursing Diagnosis 2 The second priority …

Smart Goals (do not write in the acronym format – just write out in sentence format as specific, realistic, measurable goals)

Implementation

Evaluation

Supported by credible evidence
Potential Complications

Topic sentence: introduce and context
Interdisciplinary Team

Topic sentence: introduce and context
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How is a case study written?

All case studies need to be written in a clear and concise style. The style of writing is more direct than an essay, with a more economic use of language.

Writing is usually in full sentences using correct grammar, spelling and punctuation. Some smaller paragraphs/bulleted may be allowed.

Use the headings provided and write in paragraph format in each section.

Organise the paragraphs in a logical sequence.

   One key idea per paragraph with a topic sentence and supporting sentences.

All sources must be acknowledged and referenced using APA style.
Body paragraph structure

T.....Topic sentence (One sentence that explains the idea for that paragraph)

E.....Explain (Flesh out the idea a bit more)

E.....Evidence (Provide research to support the idea)

L.....Link (Link the idea back to your topic by explaining how the evidence is significant to the topic)
topic sentence

supporting sentences: the details

concluding sentence

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A good conclusion

✓ Restates the topic.
✓ Sums up the key ideas in relation to the topic/case study.
✓ No new ideas.
✓ Finishes with statement to broader topic.
A word about referencing….


- **In-text:**
  
  Surname and year only for **paraphrasing** e.g.
  
  *Smith (2014) stated….. or*
  
  *The objective of nursing care is to resolve actual health problems, prevent potential problems and maintain a patient’s healthy state (Phillips, 2013).*

*Note: most of your paraphrases will focus on content and therefore you will mostly use parenthetical citations (author in brackets at the end of the sentence) in your case studies.*

- **End-text:** review ECU Quick Referencing Guide and follow the format depending on the source type

- http://ecu.au.libguides.com/referencing
Proofreading and editing

- **Editing** focusses on the *structure* of your *ideas* within paragraphs i.e. What you say.

- **Proofreading** focusses on the *grammar and punctuation*. If this is not your strong point, go to this site for the rules:
  
  https://owl.english.purdue.edu/owl/section/1/6/

  and this site for online practice exercises:
  
  https://owl.english.purdue.edu/exercises/
Formatting

Assignment Cover Sheet

- The information on this coversheet will be included in Turnitin's plagiarism analysis, however your lectures are aware of this and will disregard it.

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Name of Lecturer

Due Date

Topic of Assignment

Group or Tutorial (if applicable)

Course

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What will the marker be looking for in my answer?

1. That you answer ALL parts outlined in the assignment instructions.
2. That you showed critical analysis of the case study and integrated credible, relevant evidence to support your discussion.
2. That your answer adheres to the marking rubric.
Good luck!